

MONDAY TUESDAY WEDNESDAY THURSDA

Lunch will be served from 11am to 12:30 pm

Menu options are subject to availability

Pizza w/Whole Grain Crust
OR
WG Toasted Cheese Sandwich
Steamed Green Peas
Tossed Salad
Fresh or Chilled Fruit
Variety Low Fat Milk

Chicken Enchilada Casserole
OR
Soft Beef Tacos
Spanish Rice
Fiesta Salad
Fresh Veggies w/Dip
Fresh or Chilled Fruit
Variety Low Fat Milk

Hamburger, Hot Dog or Chicken Patty on Whole Grain Bun

Lettuce and Tomato Baked Fries Fresh or Chilled Fruit Variety Low Fat Milk Ham or Turkey Sandwich w/Cheese on Whole Grain Bread

Lettuce and Tomato Pinto Beans Fresh or Chilled Fruit Variety Low Fat Milk

11

Pizza w/Whole Grain Crust OR WG Toasted Cheese Sandwich Steamed Green Peas Tossed Salad Fresh or Chilled Fruit Variety Low Fat Milk Chicken Nugget/Steak Fingers

Mashed Potatoes w/Gravy
Steamed Vegetable
Whole Grain Bread
Fresh Watermelon or Chilled Fruit
Variety Low Fat Milk

13

Chicken Fajita Quesadilla on Whole Grain Tortilla Pinto Beans Baked Fries Fresh Vegetables w/Dip Fresh or Chilled Fruit Variety Low Fat Milk 14

Ham or Turkey Sandwich w/Cheese on Whole Grain Bread

Lettuce and Tomato Pinto Beans Fresh or Chilled Fruit Variety Low Fat Milk

18

Pizza w/Whole Grain Crust OR WG Toasted Cheese Sandwich Steamed Green Peas Tossed Salad Fresh or Chilled Fruit Variety Low Fat Milk Chicken Enchilada
Casserole
OR
Soft Boof Toppo

Soft Beef Tacos Spanish Rice Fiesta Salad Fresh Veggies w/Dip Fresh Watermelon or Chilled Fruit Variety Low Fat Milk Hamburger, Hot Dog or Chicken Patty on Whole Grain Bun

Lettuce and Tomato Baked Fries Fresh or Chilled Fruit Variety Low Fat Milk 21

Ham or Turkey Sandwich w/Cheese on Whole Grain Bread

Lettuce and Tomato Pinto Beans Fresh or Chilled Fruit Variety Low Fat Milk

25

Pizza w/Whole Grain Crust OR WG Toasted Cheese Sandwich Steamed Green Peas Tossed Salad Fresh or Chilled Fruit Variety Low Fat Milk 26

12

Chicken Nugget/Steak Fingers
Mashed Potatoes w/Gravy
Steamed Vegetable
Whole Grain Bread
Fresh Watermelon or Chilled Fruit
Variety Low Fat Milk

27

Chicken Fajita Quesadilla on Whole Grain Tortilla Pinto Beans Baked Fries Fresh Vegetables w/Dip Fresh or Chilled Fruit Variety Low Fat Milk 28

Ham or Turkey Sandwich w/Cheese on Whole Grain Bread

Lettuce and Tomato Pinto Beans Fresh or Chilled Fruit Variety Low Fat Milk